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**INDIAN SCHOOL MUSCAT
MIDDLE SECTION
SECOND PERIODIC TEST 2018-19**



SUBJECT – ENGLISH (SET A)

Code: MZEN03

CLASS: VIII

Time Allotted:40 mts

15.01.2019

Max .Marks: 20

MARKS OBTAINED:

General Instruction:

- 1. All questions are compulsory.**

Qns	Marks
I. Read the following passage carefully and answer the questions that follow:	5

Health is Wealth! People have always been conscious of maintaining a healthy body and keeping fit.

The present generation is going through a lot of stress, tension and competition in their lives. Many of us try to follow a regular exercise regime, but sometimes diet is not taken care of or vice versa. A proper diet and physical exercises are essential for good health. Working in offices, results in sitting and working for long hours. Thus it leads to lack of physical activity and we tend to put on weight. Most of the home makers also have the latest gadgets at home or they employ maids to do the routine household chores. We make almost no effort to exercise regularly.

I genuinely make an effort to be fit and fine. I have planned my diet and eating at the right time is the most essential part of my diet plan. I eat non-vegetarian only once a week. I try to eat more of green, leafy vegetables, pulses, chapattis and very less rice. I avoid fried foodstuffs, sweets and snacks. Instead I drink fresh fruit juices, eat fresh fruits and salads. I avoid tea and coffee and instead drink milk and eat curd daily.

We should have nutritious food and exercise regularly in order to maintain a healthy lifestyle.

1. On the basis of your reading the above passage choose the most appropriate option and complete the sentences:

i. The present generation is going through _____

- a. stress b. tension c. competition d. all the above

ii. The main reason for putting on weight is _____

- a. food b. drinks c. lack of physical exercise d. lack of knowledge

iii. In his diet the author tries to avoid _____

- a. curd b. vegetables c. fresh juice d. none of the above

iv. The word in the passage which is the antonym of the word **unaware** is _____

- a. conscious b. avoid c. stress d. lack

2.State whether the following statements are True/False:

- i. People have never been conscious about health and fitness _____
- ii. Eating at the right time is the most essential part of the author’s diet plan. _____
- iii. The author has non-vegetarian food daily. _____
- iv. We should adhere to a healthy diet and regular exercises to keep fit. _____

3.Answer the following question :

i) What are the two important requirements to maintain a healthy lifestyle?

II. Rearrange the following words to form meaningful sentences:

3

1. storehouse / is/ library / a / the / knowledge / of

2. a /well-stocked/encourages/students/to develop/habit/reading /of/library/the

3. progress and development/society/ libraries/are/for/the/very important/ of

III. Read the extract given below and answer the questions that follow:

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“Johnsy was sleeping when they went upstairs. Sue pulled the shade down to the window sill, and motioned Behrman into the other room.”

1. Who are the ‘they’ referred to in the given extract?

2. Who was Behrman?

3. Why was Behrman taken to the other room?

IV. Answer the following questions in about 30-40 words :

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1. Why was Johnsy worried about the fall of leaves?

2. Quote two lines from the poem 'Invictus' that emphasizes that the poet speaker was the master of his own destiny.

V. Choose the correct meaning of the following words: 2

1. merciless

i) heartless ii) forgiving iii) solicitous

2. swaggered:

i) walked stealthily ii) walked unsteadily iii) walked extremely confidently

3. illustrate:

i) to use pictures, drawings etc in a book to explain something
ii) to become famous iii) to give a wrong idea about something

4. contempt:

i) a feeling of disrespect and disapproval ii) ridiculous iii) a feeling of hopelessness

VI. Frame a meaningful sentence of your own with the given word: 1

Accomplish _____

VII. Circle the correct spelling from the options given: 2

1. a) Sturring b) stiring c) stirring d) sterring
2. a) wielded b) weilded c) weilded d) wieldeid
3. a) fluttered b) flutered c) fluttured d) flutterred
- 4.. a) traversing b) travercing c) traverssing d) traverrsing

End of the question paper.